

# The Newsletter

December 2018

**Rector:**

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*The Great War Centenary Memorial at the Peace Garden, Mountrath*

## Clonenagh Group of Parishes

Annatrim, Borris-in-Ossory, Lacca, Mountrath, Roskelton, Seir Kieran.

# The Rector Writes

A very big thank you to everyone who supported October's "Socktober" socks for the homeless winter appeal. The socks have been delivered to the Focus Ireland centre in Malahide and were very gratefully received by the staff there. All six of our churches participated in the sock collection drive, with a big contribution to the effort from Clonenagh National School. These socks will make life very bearable for homeless men and women this winter. Thank you all most sincerely for your kindness.

~Rev. Victor

## Parish Notes

### Notices

**New Service Times:** From January, all **Roskelton** church services will be held at 9am instead of 9.30am at present. This will apply to services in Roskelton on the 1st and 3rd Sunday of the month. This change is to assist the Rector in getting from church to church safely, with due care to the prevailing road conditions, and will also enable him to better meet the pastoral needs of the congregation on Sunday mornings.

**Lacca** church services on the 1st Sunday of the month only will move to 10.15am. There will be no other changes to service times on the other Sundays, which will remain at 10.30am.

The service times will be reviewed in April. My sincere apologies for any inconvenience caused.

**Harvest Thanksgiving Services:** A very big thank you to everyone who decorated our churches so beautifully for our harvest services this year. Everybody who visited each of our six churches for harvest commented on how lovely the churches looked, the warmth of the welcome, and the wonderful combined efforts in putting together such lovely liturgies. Special thanks are due to Mabel and Margaret for the music, to Ivor for the service and hymn sheets, to our readers, and our churchwardens. Thank you all for your kind efforts.

**CIYD Youth Forum:** Are you aged between 15 and 18 years of age? Are you interested in engaging in dialogue with the wider community? Do wish to speak up, enjoy speaking out, and like sharing your views? If so, then the Church of Ireland Youth Department's Youth Forum might be for you. It will take place on Saturday 19 January, 2019, at the City North Hotel, just off the M1 motorway. Your Friday night's accommodation will be complimentary. If you'd like to participate, please get in touch with Rev. Nicola Halford.

**Confirmation 2018:** Please continue to remember in your prayers our eight young parishioners who at the time of going to print are preparing to be Confirmed on Saturday 24 November by Bishop Michael, at a special ceremony in St. Peter's Church, Mountrath at 3pm.

**Confirmation 2019:** If you would like to be confirmed in 2019 please contact the Rector. So far we have around six young people who have expressed an interest in being Confirmed next year. The service will take place in Annatrim church on 12 May at 11am.

**Offerlane Select Vestry Meeting:** There will be a meeting of the Offerlane Select Vestry on Wednesday 28 November at 8pm in Annatrim church.

### Dates For Your Diaries:

Lacca Fellowship Service: 2nd Thursday of every month.

Rector's home communion calls: Wednesday 12 December and Thursday 13 December (not the usual 1st Wednesday and Thursday. This is for the month of December only).

**Wedding Joy:** On Saturday 3 November, Donya Telford celebrated her marriage to William Honner in St. Nicholas's Church, Dunlavin, Co. Wicklow. The day started off damp and windy, however, this quickly passed and the couple enjoyed pleasant November weather for their reception at Rathsallagh House in the Rathsallagh Demesne in Co. Wicklow. Every good wish and happiness to the newlyweds!

**Rector's Retreat:** The Rector will be on an Advent retreat for one week: beginning Monday 3 December to Monday 10 December. There will be no Sunday ser-

vice in Seir Kieran on 9 December. In the event of a pastoral emergency please contact the Rector on his mobile phone.

**Children's Bible Club:** In the Parochial Hall, Mountrath, alternates with GFS. From 6.30pm to 7.45pm. Meeting on 29 November and 13 December. Bible stories, games, crafts, quizzes, prizes and action songs. Free admission. All children of national school age welcome. For more details contact Mervyn & Rachel 057 874 0770, 086 057 5462.

**Diocesan Magazine Notes:** Do you have news, church announcements or photos you'd like to share in our Diocesan Magazine notes? Please email [clonenagh@ossory.anglican.org](mailto:clonenagh@ossory.anglican.org) before the sixth of the preceding month (eg notices for January need to be submitted by 6 December). Notes submitted after this day may not be on time for inclusion.



*Colour Party at the unveiling of The Great War Centenary Memorial at the Peace Garden, Mountrath*

**Senior Citizens** annual church gate collection will take place on Sunday December 2nd, please support.

**Mothers' Union** meeting on Monday night November 26th in the Parochial Hall at 8pm. The guest speaker is Canon Peter Tarleton.

Donations of toiletries can be brought to the meeting for women Refugees, which will be distributed.

Area meeting in Abbeyleix on Wednesday morning November 28th at 10.30am in the Church with morning worship, following on to see the "Souls" of our shoes on display with a card along side giving details etc. where shoes are used "Souls". All Ireland President Phyllis Grothier will be in attendance. Anyone interested is welcome to attend. This is followed by lunch in Abbeyleix Manor Hotel.

**Reminder:** Magazine subscriptions are due to Kathleen by Sunday December 2nd.

**Volunteers wanted:** Do you have a love of reading? Would you like to volunteer for a new reading programme at Clonenagh National School, Mountrath for 1st and 2nd class children?

If you have 2 hours to spare during the week then please contact Debbie Oxley for more information: [deborah.oxley@live.co.uk](mailto:deborah.oxley@live.co.uk) or 086 162 7172.

**Camross Active Retirement Group** would like to thank all those who supported their Church gate collection in Camross, Killinure, Lacca and Annatrim. The total raised was €651.59.

**Leprosy Mission boxes** should be returned to Olga Telford by December 10th so that the money can reach the charity before Christmas.



# Clonenagh National School News

Congratulations to Luiza Kazakevica and Jane Lalor who came 1st and 2nd out of Clonenagh National School in the Lions' Club Art Competition. The theme was Kindness Matters. Luiza went on to be the overall winner in Laois. She now progresses onto the national competition. We wish her lots of luck with this.



Following our successful football season, we have decided to upgrade our football jerseys for next year as ours are quite old. If you or your business would like to sponsor our Clonenagh N.S. football team jerseys, please contact us on 0578-732516 or at: [clonenaghns@gmail.com](mailto:clonenaghns@gmail.com).

## SELF TALK

Purpose: To become aware of how the “talk in our heads” makes us feel.

What is Self-Talk?

“Self-talk” is the constant talk that goes on in our heads. In each of us, a never-ending stream of self-talk critiques and comments on all our thoughts and actions. Much of this self-talk is made up of messages from childhood – we may hear the voices of our parents in our heads, repeating over and over again to us their beliefs and expectations. This on-going self-talk affects the way we feel about ourselves and the way we view our place in the world.

It is possible to change our self-talk, though, and replace old, negative messages with new, positive ones. This can be done through techniques such as affirmations, for example “I live only in this moment”, a method for developing healthy, productive messages. It is also possible to learn to recognise and counteract our negative self-talk in everyday situations.

When we are awake and not talking aloud or listening intently, we are almost constantly “talking to ourselves”. It is as if we have been collecting “tapes” in our mind since birth that plays, sometimes repeatedly. When we add a new bit of information, it goes on the tape without evaluation. As we talk to ourselves, what we say affects how we feel – angry, confident, relaxed, upset, insecure, etc. One of our tasks is to question some of those tapes and change some of them, even though there are strong impulses not to. Secondly, we can make new tapes. Our standards and expectations, along with everything else we think and believe, are on those tapes. Let’s work at making the tapes we listen to positive, fair and realistic.

*Emily Dunne  
Counselling & Psychotherapy  
Dip, B.A, B.A (Hons), M.A, A.P.C.P.*



*The Peace Garden, Mountrath*

## **Parish Diary**

### **November**

- 26th Monday.....Mothers' Union meeting (*page 4*)  
 28th Wednesday.....Mothers' Union area meeting (*page 4*)  
 28th Wednesday.....Offerlane Select Vestry Meeting (*page 2*)  
 29th Thursday.....Children's Bible Club (*page 3*)  
 30th Friday.....St. Andrew's Day Service

### **December**

- 2nd Sunday.....Closing date for Diocesan Magazine subscriptions (*page 4*)  
 2nd Sunday.....Senior Citizens church gate collection (*page 4*)  
**6th Thursday.....Closing date for Diocesan Magazine Notes (*page 3*)**  
 10th Monday.....Closing date for return of Leprosy Mission boxes (*page 4*)  
 12th/13th Wed/Thurs..Rector's home communion calls (*page 3*)  
 13th Thursday.....Lacca Fellowship Service (*page 3*)  
 13th Thursday.....Children's Bible Club (*page 3*)  
**19th Wednesday.....Closing date for January 2019 Newsletter**

### **January**

- 19th Saturday.....CIYD Youth Forum (*page 2*)

**Items for the January 2019 Newsletter need to be with the editor by WEDNESDAY December 19th AT THE LATEST, so that the Newsletter can be assembled in time for the Fourth Sunday, December 23rd. PLEASE** make your item as ready for publication as possible, and please ensure that names are spelled correctly.

**Ideally, items should be submitted by e-mail** to- [newsletter@clonenagh.com](mailto:newsletter@clonenagh.com)

Otherwise to- Ivor Clegg, Cloncourse, Mountrath, Co. Laois. 057-8621277/087-2522162

This Newsletter and many older editions can be downloaded directly from [www.clonenagh.com](http://www.clonenagh.com)

# Services & Readings

## November

<b>Friday 30<sup>th</sup></b> St. Andrew's Day	<i>Isaiah 52: 7-10</i> <i>Psalms 19: 1-6</i> <i>Romans 10: 12-18</i> <i>Matthew 4: 18-22</i>	<b>Mountrath</b> 8.00pm Holy Communion
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## December

<b>Sunday 2<sup>nd</sup></b> <i>1st Sunday of Advent</i>	<i>Jeremiah 33:14-16</i> <i>Psalms 25: 1-10</i> <i>1 Thessalonians 3: 9-13</i> <i>Luke 21:25-36</i>	<b>Roskelton</b> 9.30am Holy Communion	<b>Seir Kieran</b> 9.30am Morning Prayer	<b>Lacca</b> 10.30am Holy Communion	<b>Borris-in-Ossory</b> 11.00am Morning Prayer	<b>Mountrath</b> 11.30am Holy Communion
<b>Sunday 9<sup>th</sup></b> <i>2nd Sunday of Advent</i>	<i>Malachi 3: 1-4</i> <i>Canticle: Benedictus</i> <i>Philippians 1: 3-11</i> <i>Luke 3: 1-6</i>	<b>Annatrim</b> 11.00am Morning Prayer		<b>Mountrath</b> 11.30am Morning Prayer		
<b>Sunday 16<sup>th</sup></b> <i>3rd Sunday of Advent</i>	<i>Zephaniah 3: 14-20</i> <i>Psalms 146:4-10</i> <i>Philippians 4: 4-7</i> <i>Luke 3: 7-18</i>	<b>Roskelton</b> 9.30am Carol Service	<b>Seir Kieran</b> 9.30am Morning Prayer	<b>Borris-in-Ossory</b> 11.00am Carol Service	<b>Mountrath</b> 11.30am Morning Prayer	<b>Lacca</b> 4.00pm Carol Service
<b>Saturday/ Sunday 22<sup>nd</sup>/23<sup>rd</sup></b> <i>4th Sunday of Advent</i>	<i>Micah 5: 2-5a</i> <i>Psalms 80: 1-8</i> <i>Hebrews 10: 5-10</i> <i>Luke 1: 39-45,46-55</i>	<b>Seir Kieran</b> Saturday 8.00pm Carol Service	<b>Lacca</b> 10.30am Family Service	<b>Annatrim</b> 11.00am Carol Service	<b>Mountrath</b> 3.00pm Carol Service	
<b>Monday 24<sup>th</sup></b> <i>Christmas Eve</i>	<i>Isaiah 9:2-7</i> <i>Psalms 96</i> <i>Titus 2:11-14</i> <i>Luke 2:1-14, (15-20)</i>	<b>Seir Kieran</b> 6.30pm Holy Communion	<b>Borris-in-Ossory</b> 8.00pm Holy Communion		<b>Lacca</b> 9.30pm Holy Communion	
<b>Tuesday 25<sup>th</sup></b> <i>Christmas Day</i>	<i>Isaiah 52:7-10</i> <i>Psalms 98</i> <i>Hebrews 1:1-4, (5-12)</i> <i>John 1:1-14</i>	<b>Roskelton</b> 9.00am Holy Communion	<b>Annatrim</b> 10.15am Holy Communion		<b>Mountrath</b> 11.30am Holy Communion	
<b>Sunday 30<sup>th</sup></b> <i>1st Sunday of Christmas</i>	<i>1 Samuel 2: 18-20, 26</i> <i>Psalms 148</i> <i>Colossians 3: 12-17</i> <i>Luke 2: 41-52</i>	<b>Mountrath</b> 9.00am Holy Communion			<b>Borris-in-Ossory</b> 11.00am Holy Communion	