

The Newsletter

June 2018

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Congratulations to all the teams making it to the Badminton Finals in Kildare on Sunday the 22nd April 2018 and thanks too to George Goodson for training the teams and to all the parents for helping out during the year

Clonenagh Group of Parishes

Annatrim, Borris-in-Ossory, Lacca, Mountrath, Roskelton, Seir Kieran.

Parish Notes

Condolences

To Sharon Handcock on the death of her aunt.

Please keep in your **thoughts and prayers** all our fellow parishioners who are unwell at the moment.

Adam James infant son of Hazel Williams and Nigel Peavoy was **baptised** in St Jude's Church Annatrim by Archdeacon John Murray on May 12th. Adam is wished every blessing throughout his life.

Congratulations to Archie Leech on celebrating his 100th birthday recently.

This time of year can be very busy for all our young people in the Group doing **examinations**. We would like to remember them in our prayers over the coming weeks.

Rev Victor Robert Andrew Fitzpatrick B.A. will be **Instituted** as rector of Clonenagh Group of parishes on August 24th 2018 at 8pm in St. Peter's Church.



Lacca Ladies had a most enjoyable night at their annual dinner on the 27th of April in Mountrath Golf Club

Anyone who has notes for the **Diocesan Magazine** should get them to Emily Jackson or Serena Senior by June 6th.

Clonenagh Parish Fundraising Committee are once again holding the **Golf Classic** in Mountrath Golf Club on Friday June 8th 2018. If you are interested in sponsoring a hole or entering a team please contact Mrs Mabel Peavoy on 057 8732331.

Fundraising Committee meeting to finalise arrangements at 8:30pm 5th June.

On the 9th of May the Camross Active Retirement Group had an outing in Lacca Wood. A very enjoyable walk was had by all, followed by afternoon tea in Lacca Hall.



Camross Active Retirement Group enjoying a cuppa at Lacca Hall

Our Fellowship Service will be held on Thursday 14th of June, with tea afterwards. All are welcome.

Lacca third Sunday service is on the 17th of June at 10.30 am (Please note change of time for this service for summer months).

The Family service at Lacca continues on the fourth Sunday, 24th June at 10.30am.

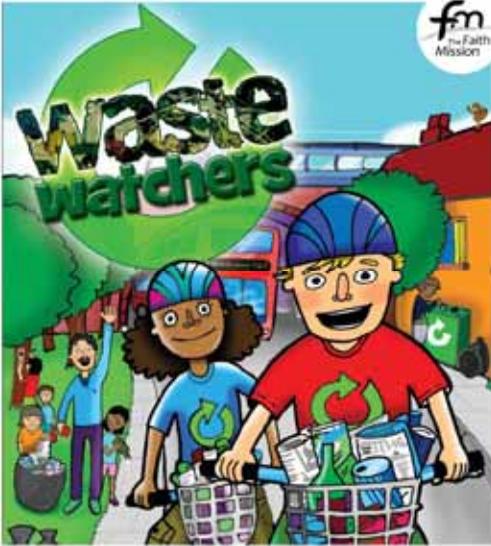


TABLE TENNIS

Mountrath Community School stole the show at the recent **Leinster Schools Table Tennis Finals**.

Staged in University College Dublin, the Semi-Finals and Finals brought together Leinster's leading Primary and Secondary Schools and Colleges.

The League U18 finals saw Mountrath A team of Jessie Hayes, Tiegan McEvoy, Claire Handcock and Sarah McEvoy claim the title just ahead of Mountrath B team of Catriona Rafter, Kate Feeney, Ciara Phelan and Hailey Hayes with St Tiernan's CS Dublin taking 3rd spot just ahead of Deansrath College Dublin.

MCS A team followed this up by winning the Leinster U18 Cup where they pulled off a 6-0 win over Hartstown CS in the semi-final and gave St Tiernan's a similar roasting in the final. MCS B team lost 2-4 against St Tiernan's earlier but took bronze on the day.

MCS U15 Girls were likewise in super form and followed up their earlier Leinster League achievements where they wasted no time in overcoming Deansrath CS in the Cup semi-final on a 5-1 scoreline. In the final they were up against a strong Loretto Abbey team. However, Amy Jestin, Grace Kerfoot, Corinna Hayes, Catriona Phelan and Una Rafter were in sublime form and without dropping a set they showed no mercy to their Dublin opponents and won on a 6-0 score.

MCS Boys U15 were also active during the season and they pulled off a fantastic result in winning Div 6 of a 10 div League. The team of Ross Handcock, Colm Rafter, Matthew and Colin Bennett collected gold for their efforts, while MCS TT coach Jimmy Hayes was on hand to help out all 4 teams during the season.

Fantastic achievements for the County Laois School who returned home with a hoard of trophies and medals.

Get set to join us for our **“Waste Watchers” Holiday Bible Club** in Lacca during the summer, 16th-20th July. We have a special conservation theme this year, and will be looking at the wonder of God's creation and how we can look after it. Songs, quizzes, Bible Stories, fun activities and crafts will be all be part of the programme. Mervyn Tomb of The Faith Mission and his summer team will be leading the club each day, along with local help, who have undergone appropriate Garda checks.

Closing date for applications is 16th July, if spaces are still available. Application forms can be obtained from Lacca Church, Moira Harvey or Joanne Shore.

The **Borris-in-Ossory "All in the cooking quiz"** will be drawn after church on Sunday the 3rd June. If anyone wants a copy there is still time by contacting any Borris-in-Ossory parishioner.

The **Clonenagh National School Annual Summer Fete** will be held on Sunday 17th June from 1:30pm. A great day: lucky dip, children's play area, tea tent, cake stall, children's craft competition, BBQ and lots more. All Welcome.

The boys and girls of **Clonenagh National School** are very busy preparing for Sports Day and for an exciting Art Competition that will be judged at the School Fete, Sunday 17th June.

On Wednesday, May 23rd, Anne Marie Kelly from Midlands Radio Three visited the school. She recorded 5th and 6th class baking treats from their sell out cookbook. It will be available for all to hear on Monday 28th May at 7pm. Please tune in

GFS Notes

Leaders girls and family members attended the Annual Diocesan Service and Prizegiving in St Canice's Cathedral Kilkenny on Sunday 13th May.

Congratulations to all the girls who worked hard completing their entries for the All Ireland Handcraft and Bible study competitions We were delighted to receive some awards in the Diocese:

Bible Study

Junior Candidate Tilly Harvey 1st in Diocese

Junior Members Miriam Senior 2nd in Diocese Jane Lalor and Chloe Dunne Highly Commended in Diocese

Member Naomi Senior 1st in Diocese

Handcrafts

Junior Candidate Tilly Harvey Highly commended in Diocese

Candidate Lucy Cullen 2nd in Diocese Chloe Tobin 3rd in Diocese

Junior Member Emily Harvey 1st in Diocese and Highly Commended in All Ireland

Jane Lalor 2nd in Diocese

Miriam Senior HC in Diocese

Member Naomi Senior 3rd in Diocese

All girls will be presented with their certificates and badges on Friday 25th May in the Parochial Hall.

Thank you very much to Serena Senior for her assistance preparing girls for the Bible Study papers and to Lorna for examining the badges.

Thank you too to all the leaders and parents for all their voluntary help throughout the year.

Girls are now looking forward to their end of year trip on Saturday 9th June.



We had a lovely visit from the Laois Enterprise Board and Harry Peavoy was awarded the Most Enterprising Student. Well done Harry!

Congratulations to Keely Jackson who graduated from Dublin City University recently with a First Class Honours Bachelor of Science in Children's and General Nursing (Integrated).



With the cycling sportive season up and running local cyclist and table tennis coach Jimmy Hayes was in action in the NTW Tour Of Lough Derg 100k on May 13th in aid of Hospice, and The Wicklow Mountains 100k Challenge May 19th in aid of St James's Hospital

Smiles

A young clergyman, fresh out of training, thought it would help him better understand the fears and temptations his future congregations faced if he first took a job as a policeman for several months. He passed the physical examination; then came the oral exam to test his ability to act quickly and wisely in an emergency. Among other questions he was asked, "What would you do to disperse a frenzied crowd?"

He thought for a moment and then said, "I would pass an offering plate."

* * * * *

The Sunday school teacher was carefully explaining the story of Elijah the Prophet and the false prophets of Baal. She explained how Elijah built the altar, put wood upon it, cut the cow in pieces, and laid it upon the altar. And then, how Elijah commanded the people of God to fill four barrels of water and pour it over the altar. He had them do this four times. "Now, said the teacher, "can anyone in the class tell me why the Lord would have Elijah pour water over the cow on the altar?"

A little girl in the back of the room started waving her hand, "I know! I know!" she said, "To make the gravy!"

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The Sunday School teacher was describing how Lot's wife looked back and turned into a pillar of salt, when

little Jason interrupted, "My mummy looked back once, while she was driving," he announced triumphantly, "and she turned into a telephone pole!"

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A Catholic priest and a Methodist minister from two local churches were standing by the side of the road, feverishly pounding a handmade sign into the ground with a large rock. The sign read: The End is Near! Turn Yourself Around Now Before It's Too Late!

As a car sped past them, the driver yelled, "Leave us alone, you religious nuts!" A moment later, from around the curve they heard screeching tyres and a big splash. The pastor turned to the priest and asked thoughtfully: "Do you think the sign should just say 'Bridge Down'?"

* * * * *

A nurse at a hospital received a call from an anxious woman. "I'm diabetic and I'm afraid I've had too much sugar today," she said.

"Are you light-headed?" my colleague asked.

"No," the caller answered, "I'm a brunette."

SING FOR YOUR HEALTH

It's no secret that music can lift spirits. But did you know that singing can improve your general health?

It has been found to help suffers of chronic breathing conditions, post-natal depression and dementia. Singing releases feel-good endorphins, eases muscle tension and improves your posture as your chest cavity expands and your shoulders and back align. Breathing techniques used in singing can increase lung capacity helping those with asthma and COPD manage their symptoms. The British Lung Foundation runs specialist singing groups. Researchers from the University of East Anglia found that members of a community singing group maintained or improved their mental health with the combination of singing and socialising boosting their wellbeing and self-confidence. Introducing kids to song at an early age can improve their language skills.

Psychology says that singing traditional lullabies and nursery rhymes to babies before they learn to speak is an essential precursor to later educa-

tional success and emotional wellbeing. Song is a special type of speech and prepares a child's ear, voice and brain for language.

While there is no evidence that singing can prevent dementia experts believe that memory-dependent activities, such as singing, can help delay onset of some are-related cognitive issues.

The Alzheimer's Society runs a programme, "Singing for the brain" for dementia patients and their carers. According to the Society the power of music is so strong that it can help people with dementia unlock otherwise hard to recall memories due to the brain's preserved memory for music and song.

We all have our favourite songs and we know how it makes us feel when we hear them or when we sing along to them so turn up that radio, put on that cd, join that choir, and sing, sing, sing.

Do you recognise any?

Emily Dunne
Counselling & Psychotherapy
Dip, B.A, B.A (Hons), M.A, A.P.C.P.

Items for the July/August 2018 Newsletter need to be with the editor by WEDNESDAY June 20th AT THE LATEST, so that the Newsletter can be assembled in time for the Fourth Sunday, June 24th.

PLEASE make your item as ready for publication as possible, and please ensure that names are spelled correctly.

Ideally, items should be submitted by e-mail to- newsletter@clonenagh.com

Otherwise to- Ivor Clegg, Cloncourse, Mountrath, Co. Laois. 057-8621277/087-2522162

This Newsletter and many older editions can be downloaded directly from

www.clonenagh.com

Services & Readings

June						
Sunday 3rd <i>1st Sunday after Trinity</i>	1 Samuel 3: 1-10, (11-20) Psalm 139: 1-5, 12-18 2 Corinthians 4: 5-12 Mark 2: 23 - 3: 6	Roskelton 9.30am Holy Communion	Seir Kieran 9.30am Morning Prayer	Lacca 10.30am Holy Communion	Borris-in-Ossory 11.00am Morning Prayer	Mountrath 11.30am Holy Communion
Sunday 10th <i>2nd Sunday after Trinity</i>	1 Samuel 8: 4-11, (12-15), 16-20; (11: 14-15) or Genesis 3: 8-15 Psalm 138 or 130 2 Corinthians 4: 13 - 5: 1 Mark 3: 20-35	Annatrim 11.00am Morning Prayer		Mountrath 11.30am Morning Prayer		
Sunday 17th <i>3rd Sunday after Trinity</i>	1 Samuel 15: 34 - 16: 13 or Ezekiel 17: 22-24 Psalm 20 or 92: 1-4, 12-15 2 Corinthians 5: 6-10, 11-13, 14-17 Mark 4: 26-34	Roskelton 9.30am Holy Communion	Seir Kieran 9.30am Holy Communion	Lacca 10.30am Service of the Word	Borris-in-Ossory 11.00am Holy Communion	Mountrath 11.30am Holy Communion
Saturday/Sunday 23rd/24th <i>4th Sunday after Trinity</i>	1 Samuel 17: 1a, 4-11, 19-23, 32-49 or 1 Samuel 17: 57 - 18: 5, 10-16 or Job 38: 1-11 Psalm 9: 9-20 or Psalm 107: 1-3, 23-32 2 Corinthians 6: 1-13 Mark 4: 35-41	Seir Kieran Saturday 8.00pm Evening Prayer	Lacca Sunday 10.30am Family Service	Annatrim Sunday 11.00am Holy Communion	Mountrath Sunday 11.30am Morning Prayer	

Parish Diary

June

3rd Sunday.....Borris-in-Ossory quiz draw (page 4)
6th Wednesday.....Closing date for Diocesan Magazine Notes (page 2)
 8th Friday.....Clonenagh Parish Golf Classic (page 2)
 9th Saturday.....GFS end of year trip (page 4)
 14th Thursday.....Lacca Fellowship Service (page 2)
 17th Sunday.....Clonenagh National School Fete (page 4)
20th Wednesday...Closing date for July/August 2018 Newsletter

July

16th Monday.....Closing date for Holiday Bible Club (page 3)
 16th-20th.....Holiday Bible Club (page 2)

August

24th Friday.....Institution of Rev. Victor Fitzpatrick (page 2)